



# W.I.S.E. UNIVERSITY

Created by Peers, Taught by Peers, For Peers.

## WORKFORCE INTEGRATION SUPPORT AND EDUCATION

### PEER SUPPORT TRAINING ACADEMY & PLACEMENT ASSISTANCE



### WHAT IS WISE U?

**WISE University is a FREE, 90 hour interactive peer training course and placement assistance program.**

Currently hosted virtually, WISE U is designed to aid in the development of peer support services and increase the peer workforce within substance-use and mental health service settings.

### IS THE TRAINING EVIDENCE BASED?

The training is based on the Substance Abuse and Mental Health Services Administration, or SAMHSA's core principles and competencies for peer support, and is based in recovery-orientated practices, as well as Cal Voices' organizational knowledge and experience as the oldest peer-run consumer advocacy agency in California.

WISE University is a National Certified Peer Specialist (NCPS) Approved Training as endorsed by Mental Health America.

### THE WISE U EXPERIENCE

- Interactive and Engaging Learning Environment
- Comprehensive Recovery-Orientated Training
- WISE U Peer Support Training Certificate
- Mental Health First Aid Certification
- 20 Hours of Supported Fieldwork
- 6 Months of Career Mentoring

### THE CURRICULUM

- Recovery 101
- Peer Support 101
- Ethics, Boundaries, & Confidentiality
- Managing Up
- Group Facilitation 101
- Recovery Planning
- Mental Health First Aid

#### PLUS

- Surviving and Thriving Elective Class

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## WISE UNIVERSITY

(Workforce Integration Support and Education) is a program of Cal Voices (Formerly NorCal MHA) Funded by OSHPD with dollars from Prop 63 (MHSA)

